



## Reading List

### Drug Use

Buzzed: The Straight Facts About the Most Used and Abused Drugs from Alcohol to Ecstasy  
Cynthia Kuhn Ph.D. and Scott Swartzwelder Ph.D.

When Someone You Love Abuses Drugs or Alcohol: Daily Encouragement  
Cecil Murphey

Alcohol and Drug Abuse [June Hunt Hope for the Heart]: Breaking Free & Staying Free  
June Hunt

Prescription Drug Abuse: An Essential Guide to Understanding Prescription Drug Addiction and Helping a  
Loved One Before It's Too Late  
Harrison Spencer



## Reading List

### Alcohol

Courage to Change: One Day at a Time in Al-Anon II  
Al-Anon Family Group Head Inc

Loving Someone in Recovery: The Answers You Need When Your Partner Is Recovering from Addiction  
Beverly Berg MFT PhD and Stan Tatkin PsyD MFT

If You Loved Me, You'd Stop! What You Really Need to Know When Your Loved One Drinks Too Much  
Lisa Frederiksen

God Loves the Addict: Experiencing Recovery on the Path of Grace  
Eddie Snipes



## Reading List

### Gambling

All Bets Are Off: Losers, Liars, and Recovery from Gambling Addiction  
Arnie Wexler and Steve Jacobson

The Gambling Addiction Recovery Book: The Cure to Overcoming Gambling Addictions, How Addicts Can Recover  
Lily Penrose

Gambling Addiction (Real Stories From Addicts and How to Beat Gambling Addiction)  
Jake Ploeth

Know When To Hold 'Em: A guide for spouses of problem gamblers  
Alex Gadd



## Reading List

### General Resources

The Addiction Ministry Handbook: A Guide for Faith Communities  
Denis G. Meacham

The Recovery-Minded Church: Loving and Ministering to People With Addiction  
Jonathan Benz and Kristina Robb-Dover

Addictionary: A Layperson's Guide to the Terms of Addiction and Recovery  
Mr. Richard K. Horton



## Reading List

# Pornography

Wired for Intimacy: How Pornography Hijacks the Male Brain  
William M. Struthers

Cutting It Off: Breaking Porn Addiction and How To Quit For Good  
J.S. Park and Rob Connelly

Love You, Hate the Porn: Healing a Relationship Damaged by Virtual Infidelity  
Mark Chamberlain and PhD

The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography  
Wendy Maltz and Larry Maltz