

Pray through

The Lord's Prayer

in 40 Days

<p><i>Our Father, who art in heaven,</i></p>	<p>Day 1 <i>My Father, who art in heaven, I will greet you with praise...</i> (Psalm 100)</p>	<p>Day 2 <i>My Father, who art in heaven, you are indeed my heavenly Father...</i> (1 Corinthians 8:6)</p>	<p>Day 3 <i>My Father, who art in heaven, I am your child, whom you love greatly...</i> (1 John 3:1-3)</p>	<p>Day 4 <i>My Father, who art in heaven, who unites me to the great family of believers...</i> (Matthew 12:50)</p>	<p>Day 5 <i>My Father, who art in heaven, I surrender my heart to you, for whom nothing is too hard...</i> (Jeremiah 32:26-27)</p>
<p><i>Hallowed be thy name,</i></p>	<p>Day 6 <i>My Father, who art in heaven, hallowed be thy name, my God who is sovereign, holy, unchanging, and eternal...</i> (Psalm 47)</p>	<p>Day 7 <i>My Father, who art in heaven, hallowed be thy name, our wise, all-powerful, all- knowing, ever-present God...</i> (Psalm 139:1-18)</p>	<p>Day 8 <i>My Father, who art in heaven, hallowed be thy name, our God who is faithful, loving, and who lavishes us with his grace and mercy...</i> (2 Timothy 1:9)</p>	<p>Day 9 <i>My Father, who art in heaven, hallowed be thy name, I praise you for who you are...</i> (Psalm 145)</p>	<p>Day 10 <i>My Father, who art in heaven, hallowed be thy name, you who are more than I'll ever know or understand...</i> (Ephesians 3:14-21)</p>
<p><i>Thy kingdom come,</i></p>	<p>Day 11 <i>My Father, who art in heaven, thy kingdom come, I submit myself to you as ruler of my life...</i> (1 Peter 2:11-17)</p>	<p>Day 12 <i>My Father, who art in heaven, thy kingdom come, let me be fruitful in helping advance your kingdom here on earth...</i> (John 15:1-14)</p>	<p>Day 13 <i>My father, who art in heaven, thy kingdom come, help me to live according to your rule...</i> (1 Thessalonians 5:12-24)</p>	<p>Day 14 <i>My Father, who art in heaven, thy kingdom come, show me the way...</i> (Ephesians 5:15-17)</p>	<p>Day 15 <i>My Father, who art in heaven, thy kingdom come, I submit my life to you...</i> (Luke 9:23-26)</p>
<p><i>Thy will be done, on earth as it is in heaven.</i></p>	<p>Day 16 <i>My Father, who art in heaven, thy will be done, I will trust in your way, even when it's different from my way...</i> (Isaiah 55:8-9)</p>	<p>Day 17 <i>My Father, who art in heaven, thy will be done, I will trust fully in the path you lay before me...</i> (Psalm 37:23-24)</p>	<p>Day 18 <i>My Father, who art in heaven, thy will be done, I will trust in your bigger plans for my life...</i> (Proverbs 16:9)</p>	<p>Day 19 <i>My Father, who art in heaven, thy will be done, I will submit and be obedient to your will for my life...</i> (John 14:15)</p>	<p>Day 20 <i>My Father, who art in heaven, thy will be done, I will trust and obey you with an eager and joyful heart...</i> (Colossians 3:23-24)</p>

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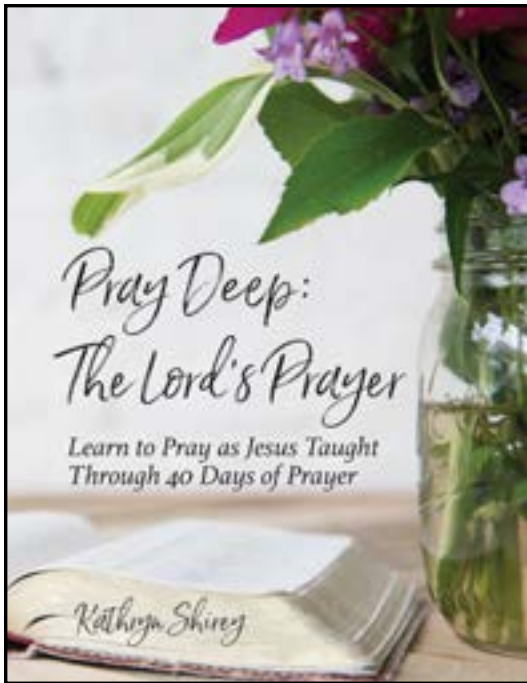
<p><i>Give us this day our daily bread,</i></p>	<p>Day 21 <i>My Father, who art in heaven, give me this day my daily bread, providing for my daily, physical needs...</i> (Exodus 16:1-36)</p>	<p>Day 22 <i>My Father, who art in heaven, give me this day my daily bread, helping me trust in your provision each and every day...</i> (Luke 12:22-34)</p>	<p>Day 23 <i>My Father, who art in heaven, give me this day my daily bread, and may my requests and my heart always be aligned with your will...</i> (James 4:2-3)</p>	<p>Day 24 <i>My Father, who art in heaven, give me this day my daily bread, and hear my prayer requests today...</i> (Luke 11:5-13)</p>	<p>Day 25 <i>My Father, who art in heaven, give me this day my daily bread, and hear these prayer requests for others...</i> (James 5:13-30)</p>
<p><i>And forgive us our trespasses, as we forgive those who trespass against us.</i></p>	<p>Day 26 <i>My Father, who art in heaven, forgive me my trespasses, as I forgive those who trespass against me, for both my actions and the resulting consequences to others...</i> (Matthew 6:12-15)</p>	<p>Day 27 <i>My Father, who art in heaven, forgive me my trespasses, as I forgive those who trespass against me, as I am a sinner by nature...</i> (1 Timothy 1:12-17)</p>	<p>Day 28 <i>My Father, who art in heaven, forgive me my trespasses, as I forgive those who trespass against me, grant me your grace and mercy and help me make a fresh start as I confess these sins...</i> (1 John 1:8-10)</p>	<p>Day 29 <i>My Father, who art in heaven, forgive me my trespasses, as I forgive those who trespass against me, and help me live a life of love and forgiveness...</i> (1 John 4:7-21)</p>	<p>Day 30 <i>My Father, who art in heaven, forgive me my trespasses, as I forgive those who trespass against me, helping me forgive those who I struggle most to forgive...</i> (Matthew 18:21-35)</p>
<p><i>And lead us not into temptation, but deliver us from evil.</i></p>	<p>Day 31 <i>My Father, who art in heaven, lead me not into temptation, but deliver me from evil, giving me a discerning heart, eyes that can see, and ears that can hear...</i> (1 Peter 5:8-9)</p>	<p>Day 32 <i>My Father, who art in My Father, who art in heaven, lead me not into temptation, but deliver me from evil, and help me resist those temptations which lead me from you...</i> (James 1:2-18)</p>	<p>Day 33 <i>My Father, who art in heaven, lead me not into temptation, but deliver me from evil, and protect my loved ones from temptation...</i> (Psalm 121)</p>	<p>Day 34 <i>My Father, who art in heaven, lead me not into temptation, but deliver me from evil, help me suit up in your armor to withstand the forces of evil in my life...</i> (Ephesians 6:10-20)</p>	<p>Day 35 <i>My Father, who art in heaven, lead me not into temptation, but deliver me from evil, surrounding my loved ones with your hedge of protection...</i> (Luke 8:11-15)</p>
<p><i>For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.</i></p>	<p>Day 36 <i>My Father, who art in heaven, yours is the kingdom, and the power, and the glory, and you are enough for me...</i> (Psalm 23)</p>	<p>Day 37 <i>My Father, who art in heaven, yours is the kingdom, and the power, and the glory, and you can do all things...</i> (Philippians 4:10-13)</p>	<p>Day 38 <i>My Father, who art in heaven, yours is the kingdom, and the power, and the glory, and I will trust in your way...</i> (Psalm 18:30)</p>	<p>Day 39 <i>My Father, who art in heaven, yours is the kingdom, and the power, and the glory, and I will be patient in waiting for your time...</i> (Ecclesiastes 3:1-11)</p>	<p>Day 40 <i>My Father, who art in heaven, yours is the kingdom, and the power, and the glory, and I trust you to answer these prayers to your glory, in your time, and in your way...</i> (1 Chronicles 29:10-20)</p>

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Thy will be done,
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And forgive us our trespasses,
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trespass against us.
And lead us not into temptation,
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Go Deeper...

Unlock the Power of the Lord's Prayer

Deepen your experience with the Lord's Prayer by using the companion devotional, *Pray Deep: The Lord's Prayer*. Through this 40 day prayer study, you'll discover the richness of the Lord's Prayer. Dive deeper into each line of the Lord's Prayer through brief devotionals, additional scripture readings, and reflection questions, which complement these daily prayer prompts.

Learn more at www.kathrynshirey.com/the-lords-prayer

About Kathryn

Kathryn is an ordinary girl following an extraordinary God, stepping into a call to write and share God's love. She writes at www.KathrynShirey.com, encouraging others to live into God's possible in this often impossible world. Join her there for posts about how to pray, how to use different prayer methods, learning to trust God, weathering the storms of life with God at your side, and much more.



Other prayer resources from Kathryn include:

- *The Prayer Toolbox* - Inspire your prayer life with 50+ ideas for prayer
- *Pray Deep: Ignite Your Prayer Life in 21 Days* - A 21-day devotional journal, introducing 20+ prayer methods and exploring the very nature of prayer
- *Pray Deep: Finding Stillness in the Storm* - A 21-day devotional journal exploring how to find stillness with God, experience Sabbath rest, and trust God in the middle of life's storms.
- *Pray Deep for Advent* - A daily devotional journal for the season of Advent, focused on finding hope, peace, joy, and love as we wait expectedly for Jesus.
- *Pray Deep Prayer Journal* - A blank prayer journal to record your prayers and God's responses, track prayer requests, and explore more than 20 different prayer methods.

Find these resources at www.kathrynshirey.com/store

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