

**Who Should Attend:** All women 17 years and older are invited and encouraged to attend.

**Mail-in Registrations:** All registrations sent by mail must be **received** by noon Thursday, **October 11, 2024**. Please plan to register early since *no registrations will be taken on-site*.

**Meals:** You will receive breakfast snacks, lunch and a sack supper to take with you as you head your journey home. All meals will be served with vegetarian options, with limited vegan options available.

**Children:** As a courtesy to other participants, and to maximize your benefit during the retreat, we ask that **ONLY** nursing babies are allowed. Thank you for honoring this request.

**Dress:** Casual and comfortable.

**Refund Policy:** You may request a refund minus a \$25 processing fee, per registrant, through **October 10, 2024**. Please consider substituting someone to attend in your place after this date.

**On Site Check-in/Schedule:**  
**Saturday, October 19, 2024**

8:30 am-9:00 am - Event Check-in  
Lunch will be served at 12:30 p.m.  
Sessions will reconvene at 1:00 p.m.

**Additional Questions:** You may contact Lynee Hamm at [315.391.6263](tel:315.391.6263) or [nywmsda@gmail.com](mailto:nywmsda@gmail.com) or Linda Wheeler at the New York Conference Women's Ministries Department, 315.469.6921 for additional information.

## Directions

Union Springs Academy

\*\*L on Spring St; drive approx 3 miles, turn L into Ad Bldg parking lot.

Registration will take place at the entrance of the Administration building.

Contact # 1.315.391.6263

\*\* From New York metropolitan area:  
Take 80W to 81-N toward Binghamton; take exit 12 toward Homer, NY 281; take 90 to Rt 38 to Rt 34B; L on Ridge Rd; and follow \*\*directions above.

\*\* From PA & South: Take 81-N toward Binghamton; take exit 12 toward Homer, NY 281; take 90 to Rt 38 to Rt 34B; L on Ridge Rd; and follow \*\*directions above.

\*\* From Jamestown & West: I-90 East to Buffalo; Exit 41, R on NY-414: L on NY 318; L on Auburn; R on 90-N; L on Willard; and follow \*\*directions above.

\*\* From Canada & Buffalo: Take I-90 East to Buffalo; Exit 41, R on NY-414: L on NY 318; L on Auburn; R on 90-N; L on Willard; and follow \*\*directions above.

\*\* From Albany, MA & New England: Take I-787 North to toward Troy; Exit 5 to I-90 W; Exit 25-61 to I-90 W; Exit 40 onto NY-34 toward Auburn; Turn R on US-20W; L on Half Acre Rd; L on Davis Rd; R on Spring Street; destination on the R.

*For more information visit:*

***sdawm.org*** for registration form or contact Linda at the New York Conference at 1.315.469.6921 to register with credit card.

You may also contact Lynee Hamm at 315.391.6263 or [abcshopgirl@yahoo.com](mailto:abcshopgirl@yahoo.com) for any questions regarding retreat.

The NYC Women in Ministry invite all women 17 years and older

## 2024 One-day Fall Retreat October 19, 2024

Union Springs Academy  
Union Springs, NY 13160



## The Name You Call Yourself

~ A generational exploration of identity and worth ~

- ◆ *Who Am I?*
- ◆ *Why Am I Here?*
- ◆ *Now What?*

~ Guest Speakers ~

Jessica Pitcher  
Heather Temple

~ *Keynote Speakers* ~



**Heather Temple** is married with three children and is a member of Westvale SDA Church. She works as a Teacher’s Assistant at Parkview Junior Academy. She loves her family, being outdoors, gardening and spending time with friends. Heather studied at Davis Bible College and earned an AAS Bible/Theology degree. Although not raised in a Christian home, Heather was introduced to Jesus Christ and baptized when she was 22. She experienced a profound healing and transformation once she surrendered her life to Christ.

Heather spent several years as a volunteer ministering and sharing in the jail system. She spent years working for a ministry that houses and rehabilitates women suffering from substance abuse. She has a passion for women who are hurting and struggling with deep emotional wounds and believes all can be healed and whole in Jesus Christ.

**Jess Pitcher** was born and raised in Syracuse, NY where she became an aunt - her favorite title to date! She attended Geneseo for her undergrad, then went on for her master's at Syracuse University, where she now works. After working as an Admissions Counselor, Orientation Coordinator and other titles in higher education, she has found her niche in all things careers. She has supported teens, college students and adults as a career counselor for the last 8 years and added to her skill set by going through the Clifton Strengths training and certification program in March of 2024. She loves all things positive psychology so this fits in nicely with reminding people of what they DO bring to the table, and how to harness it.



\*\*\*\*\*

*Union Springs Academy*



Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

\*Full payment must accompany application form. No refunds for cancellations after October 11, 2024

Limited lodging MAY be available. Please contact Lyncee Hamm, 315-391-6263 for inquiry.

\*Full payment & application must be in by Oct 11, 2024.

Registration Fee \$50 ea \_\_\_\_\_ (Includes all meals and materials)

Registration Fee of \$25 ea for ages 17-20 (Includes scholarship subsidy and all meals and materials)

Please check the box relating to your age:

Age 17—20 years

Age 21 and older

Do you have any food allergies? YES \_\_\_\_\_ NO \_\_\_\_\_ What are they? \_\_\_\_\_

Amount enclosed \$ \_\_\_\_\_

Make checks payable to: New York Conference Mail to: New York Conference Women’s Retreat PO Box 15502, Syracuse, NY 13215

\*\*Name, address and email must be **COMPLETE** in order to receive important updates regarding retreat information!: