

# more to be

# 10 RELEVANT TRUTHS

*that will change how you live your life*

## 1. Clothing won't make you prettier.

Yes, clothing may be fun and certainly draw attention, but it will never make you prettier past first impressions. If you really want to be attractive, consider that what you put on is more than just clothing (Col 3:13; 1 Tim 2:9-10). Cultivate an inner beauty that comes from honoring (Ps 45:11) and fearing (Pr 31:30) the Lord. While you're at it, deal with the state of your heart and what comes out of your mouth, too (1 Sam 16:7; Mt 15:18).

## 2. Make-up only covers up your skin.

Your looks will forever be changing. You don't want people to like you for what you look like! Instead become confident in "whose" you are (Ps 71:5, 1 Peter 2:9. Jer 17:7; Eph 3:12), and you'll be confident in who you are.

## 3. Dating isn't the way you find your perfect mate.

Dating in high school is a pretty good way to find out what you don't like, and it comes at a great cost as you leave your heart in "his" hands. The best way to find the perfect mate is to get to know what God says to look for in a husband. Basically, a good guy is one who reflects the character of Christ in his private and public life (consider Ephesians 5 and Romans 12). Instead of dating, enjoy friendships with guys who are kind, respectful, sacrificial, and devoted to God in word and action!

## 4. Having a boyfriend, or BFF, doesn't make you special.

We all want to be loved by someone special. A boyfriend and BFF fills that need for a moment in time, but at some point these relationships will eventually fail to satisfy you completely. Only God can meet that desire in your heart to be loved unconditionally. Let His love be enough for you, and in turn you'll find all your relationships will be a whole lot less stressful! (Eph 5:1; Gal 1:10; Ps 139:14; John 3:16).

## 5. Life will have trouble.

God promises us that tomorrow will have trouble of its own (Mt 6:34), so instead of striving for a better tomorrow, learn to give thanks to the Lord for today (Col 3:15; 1 Thes 5:17). Praise God for who He is instead of focusing on your circumstances (Ps 42:5; Ps 59:17; Ps 66:2; Ps 68:19).

## 6. God isn't interested in your perfection.

Yes, we are to do our best in everything, so there is no

excuse for being lazy (Col 3:23). But don't believe the lie that practice makes perfect. Only God is perfect (Ps 18:30, Ps 19:7; 2 Cor 12:19; Ja 1:17). God wants our best, but more importantly He wants our heart (Mat 6:24; Deut 6:5; Mat 22:37). Anything that competes for our attention is an idol, and needs to be put in its proper place (1 John 5:21).

## 7. Manufactured highs never last.

Drinking, drugs, smoking, and sex might make you feel good in the moment, but when it wears off you'll feel worse than before. You'll also have to go farther to get the high you crave next time. Instead of going down this destructive path, figure out why you get there in the first place. Avoid those situations. Change friends. 'Fess up to what is really going on in your heart. Get help. Consider these truths: Heb 13:4; Luke 21:34; Gal 5:21; 1 Pet 4:3; Eph 5:18 1 Cor 6:18, 7:2).

## 8. God won't bless what he says "no" to.

God gives us the free choice to live any way we want. But we will have to face consequences when we disobey His Word. Our sin puts up a wall between us and God. That wall keeps us from hearing His voice and receiving His blessings. What does God say "no" to? Here's a few things to consider: Col 3; 1 Cor 5 & 6; Eph 5; 1 Peter 4. Do you want to know more? Ask Godly woman to help you read the Bible and learn for yourself.

## 9. God's rules are not outdated nor too hard to follow.

The Word teaches us how to live today and find excitement in relationship with God and others. He gives us freedom to choose and the guidance to do so within a safe boundary. Following god's rules are not hard, when you believe those instructions are for your good. Consider this: 1 Timothy 4:10; Philippians 4; Titus 2:3-5; Pr 31:11-31; Romans 12; Ephesians 5; Col 3:12-15.

## 10. God is good, sin destroys, Jesus redeems!

Even though life can be super hard, God is always good. Sin, which is the word for disobedience, is what has messed up our world and effects our lives with pain and hurt. But God made a way the overcome that pain through Jesus, when Christ took on the punishment for our sin through His death on the cross. When we believe Jesus died for our personal sin, we receive the gift of eternal life -- meaning heaven after we die -- as well as well-spring of hope that dwells within us while here on this earth. We also receive the gift of love that satisfies our inner being and transforms every single desire. Jesus, within our hearts, propels us to live in a way that pleases God. In God's grace, we receive His strength and joy to press on. (Ps 51:4-5; Luke 5:32; Luke 15:7; Acts 2:38; Acts 3:19; Rom 5:19-21; Rom 10:9-10; 2 Cor 2:5; Jude 1:21;)